



Overall Ladies Results

Place	Time	Name	Surname	Gender	Distance
1	1:02:40	Theresa	Ralph	Female	25km
2	1:08:14	Chiara	De Siena	Female	25km
3	1:16:01	Mia	Van Biljon	Female	25km
4	1:16:30	Auralia	Edwards	Female	25km
5	1:20:24	Yvonne	Gardiner	Female	25km
6	1:24:09	Gayle	Harrison	Female	25km
7	1:25:34	Prudence	Hogan	Female	25km
8	1:28:43	Anneke	Roodt	Female	25km
9	1:31:01	Debbie	Jansen van Vuuren	Female	25km
10	1:31:35	Christina	Moraal	Female	25km
11	1:39:06	Mady	Lawrence	Female	25km
12	1:39:36	Ruby	Janse Van Rensburg	Female	25km
13	1:42:15	Lesley	Heywood	Female	25km
14	DNF	Jean	Rossouw	Junior	25km
15	DNF	Rona	Stark	Female	25km
16	DNS	Nadine	Visagie	Female	25km
17	DNS	Julie	Peters	Female	25km
18	DNS	Chantel	Morton	Female	25km
19	DNS	Lindsay	Appenah	Female	25km

Overall Junior Results

Place	Time	Name	Surname	Gender	Distance
1	1:01:08	Tiano	Da Silva	Junior	25km
2	1:04:39	Michael	Moolman	Junior	25km
3	1:04:52	Aaron	Heyneke	Junior	25km

4	1:12:34	Alexander	Black	Junior	25km
5	1:12:55	Chris	De Kock	Junior	25km
6	1:35:06	Noah	Plein	Junior	25km
7	1:35:08	Mart	Glazer	Junior	25km
8	1:36:50	Lucas	Romelfanger	Junior	25km
9	1:40:36	Dylan	Barnard	Junior	25km
10	1:58:06	Alex	Hersch-Castros	Junior	25km
11	1:58:34	Matan	Nafde	Junior	25km
12	DNS	Jayde	Davies	Junior	25km
13	DNF	Jean	Rossouw	Junior	25km

Overall Mens Results

Place	Time	Name	Surname	Gender	Distance
1	0:56:45	Julius	Cobbett	Male	25km
2	0:58:29	Jarrod	Else	Male	25km
3	1:00:39	Stuart	Gower-Jackson	Male	25km
4	1:00:42	graham	Jessop	Male	25km
5	1:01:08	Tiano	Da Silva	Junior	25km
6	1:01:21	Craig	Naude	Male	25km
7	1:01:25	Pieter	Bezuidenhout	Male	25km
8	1:02:23	Gert	Venter	Male	25km
9	1:03:03	Guy	Pitman	Male	25km
10	1:03:20	Ruan	Louw	Male	25km
11	1:03:28	Riaan	Jansen van Vuuren	Male	25km
12	1:04:28	David	Zacharie	Male	25km
13	1:04:39	Michael	Moolman	Junior	25km
14	1:04:52	Aaron	Heyneke	Junior	25km
15	1:05:54	Hayden	Simpson	Male	25km
16	1:06:34	John	Barrett	Male	25km
17	1:07:18	Deon	Hultzer	Male	25km
18	1:07:42	Clyde	Kadondo	Male	25km
19	1:07:45	Jacques	Mostert	Male	25km
20	1:07:47	Norman	Koekemoer	Male	25km
21	1:07:48	Willem	Butler	Male	25km
22	1:07:53	Dean	Vorster	Male	25km
23	1:08:11	Sean	Gallick	Male	25km
24	1:08:19	John	Ingram	Male	25km

25	1:08:27	Mike	Biesheuvel	Male	25km
26	1:08:51	Justin	Behrendt	Male	25km
27	1:09:11	Gareth	Meyer	Male	25km
28	1:09:28	Robin	Fannin	Male	25km
29	1:09:44	Rowan	Lyle	Male	25km
30	1:10:28	Deon	Barnard	Male	25km
31	1:10:30	Philip	Kleijnhans	Male	25km
32	1:10:34	Carl	Lotter	Male	25km
33	1:10:42	Justin	Harris	Male	25km
34	1:10:48	Troy	Marais	Male	25km
35	1:11:11	Brendon	Webber	Male	25km
36	1:12:01	Craig Andrew	Swanepoel	Male	25km
37	1:12:04	William	Wilson	Male	25km
38	1:12:10	Franco	Olivier	Male	25km
39	1:12:11	Christian	Cromhout	Male	25km
40	1:12:29	Jonathan	Klynhans	Male	25km
41	1:12:34	Alexander	Black	Junior	25km
42	1:12:55	Chris	De Kock	Junior	25km
43	1:13:39	Greg	Blackwell	Male	25km
44	1:13:44	Danie	Combrink	Male	25km
45	1:13:46	Carl	Nicholl	Male	25km
46	1:13:48	David	Brits	Male	25km
47	1:13:49	Oliver	Zuhlke	Male	25km
48	1:13:50	Bryne	Forgey	Male	25km
49	1:13:58	Peter	Dudley	Male	25km
50	1:14:07	Deryn	Browning	Male	25km
51	1:14:11	Andre	Helberg	Male	25km
52	1:14:50	Justus	Du Plessis	Male	25km
53	1:15:44	Kyle	Du Preez	Male	25km
54	1:16:31	Rodney	Goosen	Male	25km
55	1:16:42	Johann	Burger	Male	25km
56	1:17:10	Greg	White	Male	25km
57	1:17:11	calvin	nicholl	Male	25km
58	1:17:38	Maciek	Granicki	Male	25km
59	1:18:14	Andre	Helberg	Male	25km
60	1:18:23	Andrew	Muir	Male	25km
61	1:18:51	Steven	Ingram	Male	25km
62	1:19:15	Murray	Collier	Male	25km
63	1:19:29	JP	Marais	Male	25km
64	1:19:49	Deon	Wessels	Male	25km

65	1:19:56	Roberto	De Oliveira	Male	25km
66	1:20:06	Mark	Pretorius	Male	25km
67	1:20:08	Wihan	Tiedt	Male	25km
68	1:20:10	Kobus	De Wet	Male	25km
69	1:20:11	Tiaan	Tiedt	Male	25km
70	1:20:44	Marco	Marques	Male	25km
71	1:20:47	Desmond	Alexander	Male	25km
72	1:21:05	Dominic	Nugent	Male	25km
73	1:22:10	Trevor	Wood	Male	25km
74	1:22:17	Manfred	Zwecker	Male	25km
75	1:22:21	Gert	Gadney	Male	25km
76	1:22:24	Alan	MAIN	Male	25km
77	1:22:29	Brett	Osrin	Male	25km
78	1:22:31	Elton	Prytz	Male	25km
79	1:22:43	Darryn	Gordon	Male	25km
80	1:23:02	Brendan	Marlborough	Male	25km
81	1:23:46	Judd	Lipchin	Male	25km
82	1:23:59	Shaun	Cabrita	Male	25km
83	1:24:24	Johan	Henning	Male	25km
84	1:24:49	Warren	Hyde	Male	25km
85	1:24:53	Ian	Douglas	Male	25km
86	1:24:57	Stuart	Taylor	Male	25km
87	1:25:31	Celio	Black	Male	25km
88	1:26:01	Andre	Kellerman	Male	25km
89	1:26:15	John	Lilley	Male	25km
90	1:27:23	Conrad	Liebenberg	Male	25km
91	1:27:38	Gareth	Cantin	Male	25km
92	1:28:27	Martin	Squier	Male	25km
93	1:28:37	Matthew	Mckay	Male	25km
94	1:28:39	Paul	Harvey	Male	25km
95	1:28:42	justyn	fowler	Male	25km
96	1:28:46	Rodney	Matthews	Male	25km
97	1:29:00	Riaan	Berg	Male	25km
98	1:29:02	Michael	Robins	Male	25km
99	1:29:21	Rob	Collier	Male	25km
100	1:29:27	Michael	Brennan	Male	25km
101	1:29:43	Eduard	von Moltke	Male	25km
102	1:30:09	Ferdi	Bezuidenhout	Male	25km
103	1:31:29	Ralf	Rossol	Male	25km
104	1:32:52	Vic	Winkelman	Male	25km

105	1:32:54	Gideon	Celliers	Male	25km
106	1:33:16	Graham	Baird	Male	25km
107	1:33:17	Andrew	Baird	Male	25km
108	1:33:18	Martinus Johan	Henning	Male	25km
109	1:33:43	Myron	Krost	Male	25km
110	1:33:47	Uwe	Reymann	Male	25km
111	1:34:34	Cameron	De Wet	Male	25km
112	1:34:36	Ressano	Lopes	Male	25km
113	1:34:48	Duane	Jolley	Male	25km
114	1:34:49	Arie	Lourens	Male	25km
115	1:34:54	Manny	Cabrita	Male	25km
116	1:35:04	Noah	Blau	Junior	25km
117	1:35:06	Noah	Plein	Junior	25km
118	1:35:08	Mart	Glazer	Junior	25km
119	1:36:14	Henry	Bolt	Male	25km
120	1:36:18	Ben	Levin	Male	25km
121	1:36:50	Lucas	Romelfanger	Junior	25km
122	1:36:52	Donovan	Stark	Male	25km
123	1:36:56	Jonathan	Nash	Male	25km
124	1:37:10	Anthony	Glazer	Male	25km
125	1:37:34	Peter	Ellis	Male	25km
126	1:39:32	Brad	bergh	Male	25km
127	1:39:34	Keith	Turner	Male	25km
128	1:39:38	Desmond	Naude	Male	25km
129	1:40:36	Dylan	Barnard	Junior	25km
130	1:42:13	Robert	Heywood	Male	25km
131	1:44:39	JD	Koekemoer	Male	25km
132	1:45:15	Steve	Paulson	Male	25km
133	1:45:22	Waleed	Moses	Male	25km
134	1:47:21	Orlando	Bernardes	Male	25km
135	1:49:28	Gerrit	Richards	Male	25km
136	1:49:32	Peter	Van niekerk	Male	25km
137	1:58:06	Alex	Hersch-Castros	Junior	25km
138	1:58:34	Matan	Nafde	Junior	25km
139	2:03:16	Kobus	Nieuwenhuis	Male	25km
140	2:03:17	Tommie	Nieuwenhuis	Male	25km
141	DNF	Ian	Sandilands	Male	25km
142	DNS	Travis	Barrett	Male	25km
143	DNS	Jayde	Davies	Junior	25km
144	DNS	Gavin	Gilbert	Male	25km

145	DNS	Bertus	Luus	Male	25km
146	DNS	Bertus	Anderson	Male	25km
147	DNS	Carl	Scholtz	Male	25km
148	DNS	Bradley	Kuhn	Male	25km
149	DNS	Magnus	Bergstedt	Male	25km
150	DNS	Mark	Schurr	Male	25km
151	DNS	Quinton	Asken	Male	25km
152	DNS	Neil	Sheldon	Male	25km
153	DNS	Barry	Stassen	Male	25km
154	DNS	Nelson	Nyokong	Male	25km
155	DNS	Michael	Van wyk	Male	25km
156	DNS	Marius	Pratz	Male	25km
157	DNS	Chase	Gunther	Male	25km
158	DNS	Warren	Bronner	Male	25km
159	DNS	Neil	Promnick	Male	25km
160	DNS	Jacobus	Van heerden	Male	25km
161	DNS	Graham	Bate	Male	25km
162	DNS	Gregory	Behrens	Male	25km
163	DNS	Alan	Sarkis	Male	25km
164	DNS	Robert	Diedericks	Male	25km
165	DNS	Grant	Francis	Male	25km
166	DNS	Isaiah	Bodigelo	Male	25km
167	DNS	Jason	Nel	Male	25km
168	DNS	Quentin	Tolmay	Male	25km
169	DNS	Shaun	O'Neill	Male	25km
170	DNS	Stuart	Taylor	Male	25km
171	DNS	Jano	de Jager	Male	25km
172	DNS	Gary	Atkins	Male	25km
173	DNS	Paul	Rossouw	Male	25km
174	DNS	André	Van Der Merwe	Male	25km
175	DNS	Ross	Wayne Anthony	Male	25km
176	DNS	Avon	Schafer	Male	25km
177	DNS	Andreas	Sieren	Male	25km
178	DNS	Andre	Liebenberg	Male	25km
179	DNS	Ryan	Stewart	Male	25km

Overall Results

Place	Time	Name	Surname	Gender	Distance
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1	0:56:45	Julius	Cobbett	Male	25km
2	0:58:29	Jarrod	Else	Male	25km
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5	1:01:08	Tiano	Da Silva	Juniot	25km
6	1:01:21	Craig	Naude	Male	25km
7	1:01:25	Pieter	Bezuidenhout	Male	25km
8	1:02:23	Gert	Venter	Male	25km
9	1:02:40	Theresa	Ralph	Female	25km
10	1:03:03	Guy	Pitman	Male	25km
11	1:03:20	Ruan	Louw	Male	25km
12	1:03:28	Riaan	Jansen van Vuuren	Male	25km
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66	1:19:15	Murray	Collier	Male	25km
67	1:19:29	JP	Marais	Male	25km
68	1:19:49	Deon	Wessels	Male	25km
69	1:19:56	Roberto	De Oliveira	Male	25km
70	1:20:06	Mark	Pretorius	Male	25km
71	1:20:08	Wihan	Tiedt	Male	25km
72	1:20:10	Kobus	De Wet	Male	25km
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74	1:20:24	Yvonne	Gardiner	Female	25km
75	1:20:44	Marco	Marques	Male	25km
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77	1:21:05	Dominic	Nugent	Male	25km
78	1:22:10	Trevor	Wood	Male	25km
79	1:22:17	Manfred	Zwecker	Male	25km

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81	1:22:24	Alan	MAIN	Male	25km
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97	1:27:23	Conrad	Liebenberg	Male	25km
98	1:27:38	Gareth	Cantin	Male	25km
99	1:28:27	Martin	Squier	Male	25km
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108	1:29:27	Michael	Brennan	Male	25km
109	1:29:43	Eduard	von Moltke	Male	25km
110	1:30:09	Ferdi	Bezuidenhout	Male	25km
111	1:31:01	Debbie	Jansen van Vuuren	Female	25km
112	1:31:29	Ralf	Rossol	Male	25km
113	1:31:35	Christina	Moraal	Female	25km
114	1:32:52	Vic	Winkelman	Male	25km
115	1:32:54	Gideon	Celliers	Male	25km
116	1:33:16	Graham	Baird	Male	25km
117	1:33:17	Andrew	Baird	Male	25km
118	1:33:18	Martinus Johan	Henning	Male	25km
119	1:33:43	Myron	Krost	Male	25km

120	1:33:47	Uwe	Reymann	Male	25km
121	1:34:34	Cameron	De Wet	Male	25km
122	1:34:36	Ressano	Lopes	Male	25km
123	1:34:48	Duane	Jolley	Male	25km
124	1:34:49	Arie	Lourens	Male	25km
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126	1:35:04	Noah	Blau	Junior	25km
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129	1:36:14	Henry	Bolt	Male	25km
130	1:36:18	Ben	Levin	Male	25km
131	1:36:50	Lucas	Romelfanger	Junior	25km
132	1:36:52	Donovan	Stark	Male	25km
133	1:36:56	Jonathan	Nash	Male	25km
134	1:37:10	Anthony	Glazer	Male	25km
135	1:37:34	Peter	Ellis	Male	25km
136	1:39:06	Mady	Lawrence	Female	25km
137	1:39:32	Brad	bergh	Male	25km
138	1:39:34	Keith	Turner	Male	25km
139	1:39:36	Ruby	Janse Van Rensburg	Female	25km
140	1:39:38	Desmond	Naude	Male	25km
141	1:40:36	Dylan	Barnard	Junior	25km
142	1:42:13	Robert	Heywood	Male	25km
143	1:42:15	Lesley	Heywood	Female	25km
144	1:44:39	JD	Koekemoer	Male	25km
145	1:45:15	Steve	Paulson	Male	25km
146	1:45:22	Waleed	Moses	Male	25km
147	1:47:21	Orlando	Bernardes	Male	25km
148	1:49:28	Gerrit	Richards	Male	25km
149	1:49:32	Peter	Van niekerk	Male	25km
150	1:58:06	Alex	Hersch-Castros	Junior	25km
151	1:58:34	Matan	Nafde	Junior	25km
152	2:03:16	Kobus	Nieuwenhuis	Male	25km
153	2:03:17	Tommie	Nieuwenhuis	Male	25km
154	DNF	Ian	Sandilands	Male	25km
155	DNF	Jean	Rossouw	Junior	25km
156	DNF	Rona	Stark	Female	25km
157	DNS	Nadine	Visagie	Female	25km
158	DNS	Travis	Barrett	Junior	25km
159	DNS	Jayde	Davies	Junior	25km

160	DNS	Gavin	Gilbert	Male	25km
161	DNS	Bertus	Luus	Male	25km
162	DNS	Bertus	Anderson	Male	25km
163	DNS	Carl	Scholtz	Male	25km
164	DNS	Bradley	Kuhn	Male	25km
165	DNS	Magnus	Bergstedt	Male	25km
166	DNS	Mark	Schurr	Male	25km
167	DNS	Quinton	Asken	Male	25km
168	DNS	Neil	Sheldon	Male	25km
169	DNS	Barry	Stassen	Male	25km
170	DNS	Nelson	Nyokong	Male	25km
171	DNS	Michael	Van wyk	Male	25km
172	DNS	Marius	Pratz	Male	25km
173	DNS	Chase	Gunther	Male	25km
174	DNS	Julie	Peters	Female	25km
175	DNS	Warren	Bronner	Male	25km
176	DNS	Neil	Promnick	Male	25km
177	DNS	Chantel	Morton	Female	25km
178	DNS	Jacobus	Van heerden	Male	25km
179	DNS	Graham	Bate	Male	25km
180	DNS	Gregory	Behrens	Male	25km
181	DNS	Lindsay	Appenah	Female	25km
182	DNS	Alan	Sarkis	Male	25km
183	DNS	Robert	Diedericks	Male	25km
184	DNS	Grant	Francis	Male	25km
185	DNS	Isaiah	Bodigelo	Male	25km
186	DNS	Jason	Nel	Male	25km
187	DNS	Quentin	Tolmay	Male	25km
188	DNS	Shaun	O'Neill	Male	25km
189	DNS	Stuart	Taylor	Male	25km
190	DNS	Jano	de Jager	Male	25km
191	DNS	Gary	Atkins	Male	25km
192	DNS	Paul	Rossouw	Male	25km
193	DNS	André	Van Der Merwe	Male	25km
194	DNS	Ross	Wayne Anthony	Male	25km
195	DNS	Avon	Schafer	Male	25km
196	DNS	Andreas	Sieren	Male	25km
197	DNS	Andre	Liebenberg	Male	25km
198	DNS	Ryan	Stewart	Male	25km

