



Winners in Category

Position	Time	Name	Surname	Gender	Distance
1st Open	0:41:25	Claudia	Petersen	Female	10km
2nd Open	0:46:06	Ansie	Hefer	Female	10km
3rd Open	0:48:15	Kim	Lombard	Female	10km
1st Junior	0:53:35	Caitlyn	Zwart	Female	10km
2nd Junior	0:55:54	Willow	Holborow-browne	Female	10km
3rd Junior	1:06:47	Amilee	Holborow-browne	Female	10km
1st Open	0:37:09	Bert	Ruizendaal	Male	10km
2nd Open	0:41:24	Kevin	De Klerk	Male	10km
3rd Open	0:48:17	Pieter	Diedericks	Male	10km
1st Junior	0:37:11	Stephan	Ruizendaal	Male	10km
2nd Junior	0:46:05	Andre	Van Der Walt	Male	10km
3rd Junior	1:08:55	Jean-Luc	Pretorius	Male	10km

1st Open	1:23:48	Jana	Botha	Female	20km
2nd Open	1:25:38	Aileen	Dei	Female	20km
3rd Open	1:29:54	Allison	Bester	Female	20km

1st Junior	1:18:55	Kaylin	Steyn	Female	20km
2nd Junior	1:47:18	Britney	Bulkin	Female	20km
3rd Junior	None				
1st Open	1:07:20	Gareth	Sears	Male	20km
2nd Open	1:11:19	Akinjide	Akinwale	Male	20km
3rd Open	1:12:37	Juan-Marc	Cilliers	Male	20km
1st Junior	0:48:11	Bradley	Engels	Male	20km
2nd Junior	1:05:26	Dillan	Zwart	Male	20km
3rd Junior	1:08:34	Clifford	Wyman	Male	20km

1st Open	2:26:36	Nadia	Van Wyk	Female	40km
2nd Open	2:26:40	Riette	Wessels	Female	40km
3rd Open	2:35:28	Marzelle Dominique	Van Der Merwe	Female	40km
1st Open	1:50:05	Conraadt	Van Den Heever	Male	40km
2nd Open	1:53:10	Juan	Van Der Merwe	Male	40km
3rd Open	1:59:38	Glen	Colby	Male	40km
1st Junior	1:54:27	Anton	Potgieter	Male	40km
2nd Junior	1:55:44	Bernard Louis	Nigrini	Male	40km
3rd Junior	1:57:21	Andries	Nigrini	Male	40km

Ladies Overall Results

Position	Time	Name	Surname	Gender	Distance
1	0:41:25	Claudia	Petersen	Female	10km
2	0:46:06	Ansie	Hefer	Female	10km
3	0:48:15	Kim	Lombard	Female	10km
4	0:53:35	Caitlyn	Zwart	Female	10km
5	0:53:36	Amor	Zwart	Female	10km
6	0:55:54	Willow	Holborow-browne	Female	10km
7	1:06:13	Natasha	Du Preez	Female	10km
8	1:06:46	Nicole	Holborow-browne	Female	10km
9	1:06:47	Amilee	Holborow-browne	Female	10km

10	1:08:50	Molly	Struthers	Female	10km
11	1:10:01	Aileen	Diedericks	Female	10km
12	1:18:55	Crystal	Aarons	Female	10km
13	1:56:27	Zunay	Nel	Female	10km
14	1:56:30	Anika	Nel	Female	10km

1	1:18:55	Kaylin	Steyn	Female	20km
2	1:23:48	Jana	Botha	Female	20km
3	1:25:38	Aileen	Dei	Female	20km
4	1:29:54	Allison	Bester	Female	20km
5	1:30:34	Roxzanne	Morais	Female	20km
6	1:31:42	Anette	Prinsloo	Female	20km
7	1:31:46	Jaconette	Botha	Female	20km
8	1:34:48	Lydia	Haag	Female	20km
9	1:36:30	Shene	Barkley	Female	20km
10	1:37:22	Nicoleen	Swart	Female	20km
11	1:45:07	Clarissa	Prinsloo	Female	20km
12	1:47:18	Britney	Bulkin	Female	20km
13	1:55:47	Bets	Warden	Female	20km
14	1:57:33	Chantal	Pollacchi	Female	20km
15	1:57:41	Burnice	Lange	Female	20km
16	1:59:35	Saskia	Goldberg	Female	20km

1	2:26:36	Nadia	Van Wyk	Female	40km
2	2:26:40	Riette	Wessels	Female	40km
3	2:35:28	Marzelle Dominique	Van Der Merwe	Female	40km
4	2:52:57	Beverly	Morrison	Female	40km
5	2:53:05	Melissa	Greyling	Female	40km
6	2:53:19	Sonette	De Villiers	Female	40km
7	2:55:47	Julia	Nel	Female	40km
8	3:45:06	Pamela	Yirrell	Female	40km

Mens Overall Results

Position	Time	Name	Surname	Gender	Distance
1	0:37:09	Bert	Ruizendaal	Male	10km

2	0:37:11	Stephan	Ruizendaal	Male	10km
3	0:41:24	Kevin	De Klerk	Male	10km
4	0:46:05	Andre	Van Der Walt	Male	10km
5	0:48:17	Pieter	Diedericks	Male	10km
6	0:48:42	Terence	Bezuienhout	Male	10km
7	0:54:23	Kevin	Hefer	Male	10km
8	0:59:29	Peter	Conlin	Male	10km
9	1:05:20	Christopher	Mcinga	Male	10km
10	1:06:06	Jerome	Van Reenen	Male	10km
11	1:08:55	Jean-Luc	Pretorius	Male	10km
12	1:56:25	Zander	Nel	Male	10km
13	1:56:40	Martin	Nel	Male	10km

1	0:48:11	Bradley	Engels	Male	20km
2	1:05:26	Dillan	Zwart	Male	20km
3	1:07:20	Gareth	Sears	Male	20km
4	1:08:34	Clifford	Wyman	Male	20km
5	1:11:19	Akinjide	Akinwale	Male	20km
6	1:11:30	Stephan	Van Deer Walt	Male	20km
7	1:11:45	Keenen	Vd Berg	Male	20km
8	1:12:37	Juan-Marc	Cilliers	Male	20km
9	1:12:55	Ted	Wilcox	Male	20km
10	1:14:05	Connor	Coaklin	Male	20km
11	1:14:09	Wahldo	Warden	Male	20km
12	1:14:20	Steven	Crawford	Male	20km
13	1:14:54	Julian	Holborow-browne	Male	20km
14	1:14:58	Magnus	Bergstedt	Male	20km
15	1:15:01	Robert	Lightfoot	Male	20km
16	1:15:48	Kobus	Knoetze	Male	20km
17	1:16:04	Hanru	Engelbrecht	Male	20km
18	1:18:59	Juanro	Minne	Male	20km
19	1:19:31	Gavin	Stander	Male	20km
20	1:23:45	Corne	Zwart	Male	20km
21	1:24:09	Jz	De Jager	Male	20km
22	1:26:36	Charl	Lewis	Male	20km
23	1:26:40	Jannie	Stroh	Male	20km
24	1:28:31	Reynhardt	Nortje	Male	20km

25	1:30:20	Brett	Aarons	Male	20km
26	1:31:37	Corrie	Prinsloo	Male	20km
27	1:31:58	Rowan	Holborow-browne	Male	20km
28	1:33:12	Keagan	Bester	Male	20km
29	1:34:51	Gary	May	Male	20km
30	1:36:06	Nelson	Torres	Male	20km
31	1:36:27	Shawn	Barkley	Male	20km
32	1:40:27	Wiehan	Prinsloo	Male	20km
33	1:45:09	Schalk	Du Toit	Male	20km
34	1:47:22	Sarel	Vd Berg	Male	20km
35	1:55:41	Walter	Warden	Male	20km
36	2:17:14	Wayland	Wyman	Male	20km

1	1:50:05	Conraadt	Van Den Heever	Male	40km
2	1:53:10	Juan	Van Der Merwe	Male	40km
3	1:54:27	Anton	Potgieter	Male	40km
4	1:55:44	Bernard Louis	Nigrini	Male	40km
5	1:57:21	Andries	Nigrini	Male	40km
6	1:59:38	Glen	Colby	Male	40km
7	2:01:32	Hannes	Jordaan	Male	40km
8	2:03:40	Paul	Rossouw	Male	40km
9	2:04:14	Rolf	Stromsoe	Male	40km
10	2:05:13	Michael	Moolman	Male	40km
11	2:05:22	Jacques	De Klerk	Male	40km
12	2:05:25	Maartin	Herbst	Male	40km
13	2:05:56	Andre	Scholtz	Male	40km
14	2:06:00	Johan	Steyn	Male	40km
15	2:08:49	Tiaan	Oosthuizen	Male	40km
16	2:09:08	Oliver	Zuhlke	Male	40km
17	2:09:40	Denis	Dropa	Male	40km
18	2:09:51	Cavin	Coutsides	Male	40km
19	2:10:02	Heinrich	Huyser	Male	40km
20	2:10:51	Wian	Minne	Male	40km
21	2:11:45	Henry	Featherstonehaugh	Male	40km
22	2:13:56	Louis	Nigrini	Male	40km
23	2:14:19	Paulo	Ferreira	Male	40km
24	2:16:46	Deon	Wessels	Male	40km

25	2:19:47	Rui	Morais	Male	40km
26	2:20:04	Mark Anthony	Marcus	Male	40km
27	2:20:13	Gerry	Coaklin	Male	40km
28	2:20:23	Emile	Norval	Male	40km
29	2:20:45	Philip	Maddern	Male	40km
30	2:20:50	Silvio	Vasconcelos	Male	40km
31	2:23:58	Joshua	Nel	Male	40km
32	2:24:23	Kobus	Theron	Male	40km
33	2:25:06	Johann	Burger	Male	40km
34	2:26:46	Richard	Maddern	Male	40km
35	2:27:32	Rynan	Watson	Male	40km
36	2:27:36	Barry	Watson	Male	40km
37	2:28:38	Ian	Gornall	Male	40km
38	2:33:44	Hano	Herbst	Male	40km
39	2:36:39	Filip	Rafakski	Male	40km
40	2:37:17	Clive	Brenner	Male	40km
41	2:40:39	Neil	Jackson	Male	40km
42	2:40:59	Tinus	Van Zyl	Male	40km
43	2:41:26	Michael	Gamble	Male	40km
44	2:42:06	Alfonso	Ferrara	Male	40km
45	2:42:20	Manny	Cabrita	Male	40km
46	2:42:32	Antonio	Borrego	Male	40km
47	2:42:41	Dominic	Nugent	Male	40km
48	2:43:07	Brad	Smith	Male	40km
49	2:43:13	Christos Costas	Gougounis	Male	40km
50	2:43:18	Jose	Ferreira	Male	40km
51	2:43:56	Richard	Bulkin	Male	40km
52	2:46:23	Craig	Swanepoel	Male	40km
53	2:46:27	Eugene	Bester	Male	40km
54	2:46:31	Sean	Deeley	Male	40km
55	2:48:27	Maurice	Cuchet	Male	40km
56	2:48:49	Morne	Hefer	Male	40km
57	2:48:52	Michael	Harris	Male	40km
58	2:49:34	Stephan	Albertyn	Male	40km
59	2:52:43	Francois	De Villiers	Male	40km
60	2:53:01	Mark	Bell	Male	40km
61	2:53:09	Morne	Swanepoel	Male	40km

62	2:53:14	Bruno	Miceli	Male	40km
63	2:55:51	Rui	Neto	Male	40km
64	2:55:59	Conrad	Liebenberg	Male	40km
65	2:56:08	Neville	Mackay	Male	40km
66	2:58:17	Wayne	Lange	Male	40km
67	3:02:37	Werner	De Jager	Male	40km
68	3:02:42	Charlie	Olivier	Male	40km
69	3:02:58	Marius	Bester	Male	40km
70	3:03:08	Chris	Tshivhidzo	Male	40km
71	3:03:50	Craig	Pieterse	Male	40km
72	3:04:43	Marco	Neto	Male	40km
73	3:05:59	Sheldon	Neilson	Male	40km
74	3:06:03	Brian	Neilson	Male	40km
75	3:45:14	Arthur	Wills	Male	40km
76	3:45:22	Berger	Peter	Male	40km