



5km Ladies Results

Positi	Race #	Time	Name	Surname	Gender	Distance
1	128	0:25:11	Beverly	Fuller	Female	5km
2	100	0:26:13	Nicola-Jayne	Kirkby	Female	5km
3	102	0:29:09	Annalien	Lerm	Female	5km
4	122	0:30:22	Maryke	van Wyk	Female	5km
5	159	0:30:37	Carmen	Janse van Rensburg	Female	5km
6	3	0:32:24	Caryn	Baard	Female	5km
7	108	0:32:28	Nicky	Meredith	Female	5km
8	136	0:33:00	Lauren	Mostert	Female	5km
9	131	0:33:13	Joanne	Brombacher	Female	5km
10	124	0:33:27	Taryn	Yeoman	Female	5km
11	119	0:33:28	Shandene	Van der Walt	Female	5km
12	72	0:35:08	Roxanne	Clark	Female	5km
13	71	0:35:09	rachel	clark	Female	5km
14	4	0:35:17	MANDY	BAUER	Female	5km
15	79	0:35:29	Sonia	Correia	Female	5km
16	109	0:35:31	Linda	Miller	Female	5km
17	127	0:37:42	Petra	Devereaux	Female	5km
18	138	0:37:50	Lynn	Munitich	Female	5km
19	77	0:38:17	Melanie	Cope	Female	5km
20	95	0:38:45	Yolanda	Hart	Female	5km
21	88	0:38:46	Anel	Esterhuizen	Female	5km
22	137	0:39:09	Stella	Erasmus	Female	5km
23	143	0:39:16	Tanya	Cloete	Female	5km
24	90	0:39:24	Nicole	Genade	Female	5km

25	85	0:39:51	Lesley	Deeley	Female	5km
26	115	0:39:53	HELMA	Schultz	Female	5km
27	103	0:40:21	Marilize	Louw	Female	5km
28	74	0:41:05	Nicolette	Coetzee	Female	5km
29	144	0:41:28	Scharlie	Mortlock	Female	5km
30	91	0:41:29	Carina	Gouveia	Female	5km
31	113	0:49:48	Jacky	Robus	Female	5km
32	87	0:50:32	Claire	Dickenson	Female	5km
33	5	0:50:33	Kerri	Behrendt	Female	5km
34	99	0:56:19	Leah	Janse van Rensburg	Female	5km
35	101	0:56:20	Lelane	Leach	Female	5km
36	133	0:56:42	Isla	Robertson	Female	5km
37	134	0:56:43	Kanushka	Patel	Female	5km
38	81	0:58:34	Zahra	Correia	Female	5km
39	68	0:58:38	Vicky	Camara	Female	5km
40	66	0:58:39	Liz	Nossiter	Female	5km

5km Mens Results

Positiør	Race #	Time	Name	Surname	Gender	Distance
1	129	0:21:20	Mark	Wilson	Male	5km
2	135	0:24:32	Zahn	Grassman	Male	5km
3	70	0:24:40	PETER	CLARK	Male	5km
4	93	0:26:10	Wolfgang	Gruner	Male	5km
5	84	0:26:14	Bryn	Deeley	Male	5km
6	132	0:27:28	Llewellyn	Remy	Male	5km
7	123	0:27:32	Raymond	Wilson	Male	5km
8	107	0:28:11	Jason	Meredith	Male	5km
9	76	0:28:59	Gareth	Callanan	Male	5km
10	116	0:29:20	Stefan	Steyn	Male	5km
11	86	0:29:53	Sean	Deeley	Male	5km
12	98	0:30:42	Joshua	Janse van Rensburg	Male	5km
13	105	0:32:41	Brett	Mansfield	Male	5km
14	130	0:33:11	Brian	Brombacher	Male	5km
15	125	0:33:29	Matthew	Crockett	Male	5km

16	75	0:34:13	CHIRS	COOK	Male	5km
17	96	0:34:14	Morne	Heystek	Male	5km
18	78	0:34:43	Clifford	Correia	Male	5km
19	97	0:36:15	Rodney	James	Male	5km
20	176	0:36:28	Pieter Hendrik	Henning	Male	5km
21	126	0:37:17	Mike	Devereaux	Male	5km
22	120	0:38:27	Kobus	van Dyk	Male	5km
23	104	0:40:20	Nico	Louw	Male	5km
24	139	0:40:23	Marko	Van Heerden	Male	5km
25	73	0:41:04	Francois	coetzee	Male	5km
26	83	0:41:30	Pierre	De Villiers	Male	5km
27	80	0:46:16	Tiago	Correia	Male	5km
28	114	0:49:50	Jeremy	Robus	Male	5km
29	67	0:58:36	George	Camara	Male	5km

5km Overall Results

Positi	Race #	Time	Name	Surname	Gender	Distance
1	129	0:21:20	Mark	Wilson	Male	5km
2	135	0:24:32	Zahn	Grassman	Male	5km
3	70	0:24:40	PETER	CLARK	Male	5km
4	128	0:25:11	Beverly	Fuller	Female	5km
5	93	0:26:10	Wolfgang	Gruner	Male	5km
6	100	0:26:13	Nicola-Jayne	Kirkby	Female	5km
7	84	0:26:14	Bryn	Deeley	Male	5km
8	132	0:27:28	Llewellyn	Remy	Male	5km
9	123	0:27:32	Raymond	Wilson	Male	5km
10	107	0:28:11	Jason	Meredith	Male	5km
11	76	0:28:59	Gareth	Callanan	Male	5km
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15	122	0:30:22	Maryke	van Wyk	Female	5km
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19	108	0:32:28	Nicky	Meredith	Female	5km
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26	125	0:33:29	Matthew	Crockett	Male	5km
27	75	0:34:13	CHIRS	COOK	Male	5km
28	96	0:34:14	Morne	Heystek	Male	5km
29	78	0:34:43	Clifford	Correia	Male	5km
30	72	0:35:08	Roxanne	Clark	Female	5km
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32	4	0:35:17	MANDY	BAUER	Female	5km
33	79	0:35:29	Sonia	Correia	Female	5km
34	109	0:35:31	Linda	Miller	Female	5km
35	97	0:36:15	Rodney	James	Male	5km
36	176	0:36:28	Pieter Hendrik	Henning	Male	5km
37	126	0:37:17	Mike	Devereaux	Male	5km
38	127	0:37:42	Petra	Devereaux	Female	5km
39	138	0:37:50	Lynn	Munitich	Female	5km
40	77	0:38:17	Melanie	Cope	Female	5km
41	120	0:38:27	Kobus	van Dyk	Male	5km
42	95	0:38:45	Yolanda	Hart	Female	5km
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68	68	0:58:38	Vicky	Camara	Female	5km
69	66	0:58:39	Liz	Nossiter	Female	5km
70	175	1:06:19	Amanda	Wilson	Female	5km