



10km Ladies Results

Place	Race #	Time	Name	Surname	Gender	Distance
1	135	0:46:29	ASHLEIGH	SCHNETLER	Female	10km
2	132	0:49:52	Paula	Quinsee	Female	10km
3	138	0:51:22	Sonja	van der Vyver	Female	10km
4	105	0:51:48	Sandi	Brown	Female	10km
5	103	0:54:07	Sally	Bevington	Female	10km
6	144	0:54:13	Emma	Wooldridge	Female	10km
7	118	0:56:47	Rene	Kalmer	Female	10km
8	150	0:57:33	Tarm	O'Connor	Female	10km
9	145	1:06:06	Paula	Wooldridge	Female	10km
10	141	1:06:13	Petro	von Fintel	Female	10km
11	106	1:10:18	RENEE	CAMPBELL	Female	10km
12	119	1:11:06	Lauren	Khoury	Female	10km
13	122	1:11:07	Claire	Lord	Female	10km
14	109	1:11:15	Tracey	Esslemont	Female	10km
15	137	1:21:24	Annalien	Steyn	Female	10km

10km Mens Results

Place	Race #	Time	Name	Surname	Gender	Distance
1	134	0:38:31	Bennie	Roux	Male	10km
2	130	0:38:35	Ray	Orchison	Male	10km
3	126	0:38:52	Graeme	McCallum	Male	10km
4	127	0:41:20	Wandisile	Nongodlwana	Male	10km
5	143	0:42:15	Arthur	Wooldridge	Male	10km
6	129	0:44:25	Frikkie	Oberholzer	Male	10km
7	151	0:47:54	Glynn	Allen	Male	10km
8	149	0:51:24	Matt	Starkey	Male	10km

9	120	0:51:49	Nicolas	Kocher	Male	10km
10	139	0:51:59	DANE	VAN TONDER	Male	10km
11	147	0:52:08	Anton	Marais	Male	10km
12	112	0:53:13	Craig	Gornall	Male	10km
13	104	0:53:52	Leon	Botha	Male	10km
14	117	0:53:58	Willie	Jansen	Male	10km
15	114	0:56:45	Johan	Grassman	Male	10km
16	140	0:56:48	Andre	Van Wyk	Male	10km
17	133	0:57:46	Nick	Reveley	Male	10km
18	136	0:57:47	Daniel	Smith	Male	10km
19	152	0:58:59	Joe	De Lima	Male	10km
20	146	1:01:24	Wayne	Yan	Male	10km
21	116	1:01:55	Steve	Ireland	Male	10km
22	107	1:02:30	Carl-Hartwig	Dittmer	Male	10km
23	108	1:02:54	Andre	Duvenhage	Male	10km
24	148	1:10:20	Auerswald	John	Male	10km
25	125	1:15:15	Ric	Marini	Male	10km

10km Overall Results

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1	134	0:38:31	Bennie	Roux	Male	10km
2	130	0:38:35	Ray	Orchison	Male	10km
3	126	0:38:52	Graeme	McCallum	Male	10km
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25	133	0:57:46	Nick	Reveley	Male	10km
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33	141	1:06:13	Petro	von Fintel	Female	10km
34	106	1:10:18	RENEE	CAMPBELL	Female	10km
35	148	1:10:20	Auerswald	John	Male	10km
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